

## Toughness, Tenacity and the Power to Remove Obstacles

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## **Abstract**

Every business leader strives for success that leads to increased sales and customer care. However, individuals often run into hidden mental obstacles that hinder their ability to be effective. These hidden obstacles can weigh them down like heavy rocks in a suitcase. If untreated, these rocks will create larger problems such as disempowerment, quiet quitting, and lack of motivation.

In this empowering keynote you'll learn how to discover the hidden mental obstacles that could be slowing you down and take steps to remove them so that you can operate at your full potential. Audiences will learn how to identify potential blocks to success and leave with tools to leave recharged and ready to invent new possibilities.

## Partipants will:

- Learn the top 5 rocks that create every day barriers to mental success and strength such as organization and time management and create ways to remove these rocks
- Learn the steps to remove obstacles that can cause misunderstandings, confusion and disagreements by understanding different communication styles
- Create a roadmap for you to turn every day burdens in to advantages.